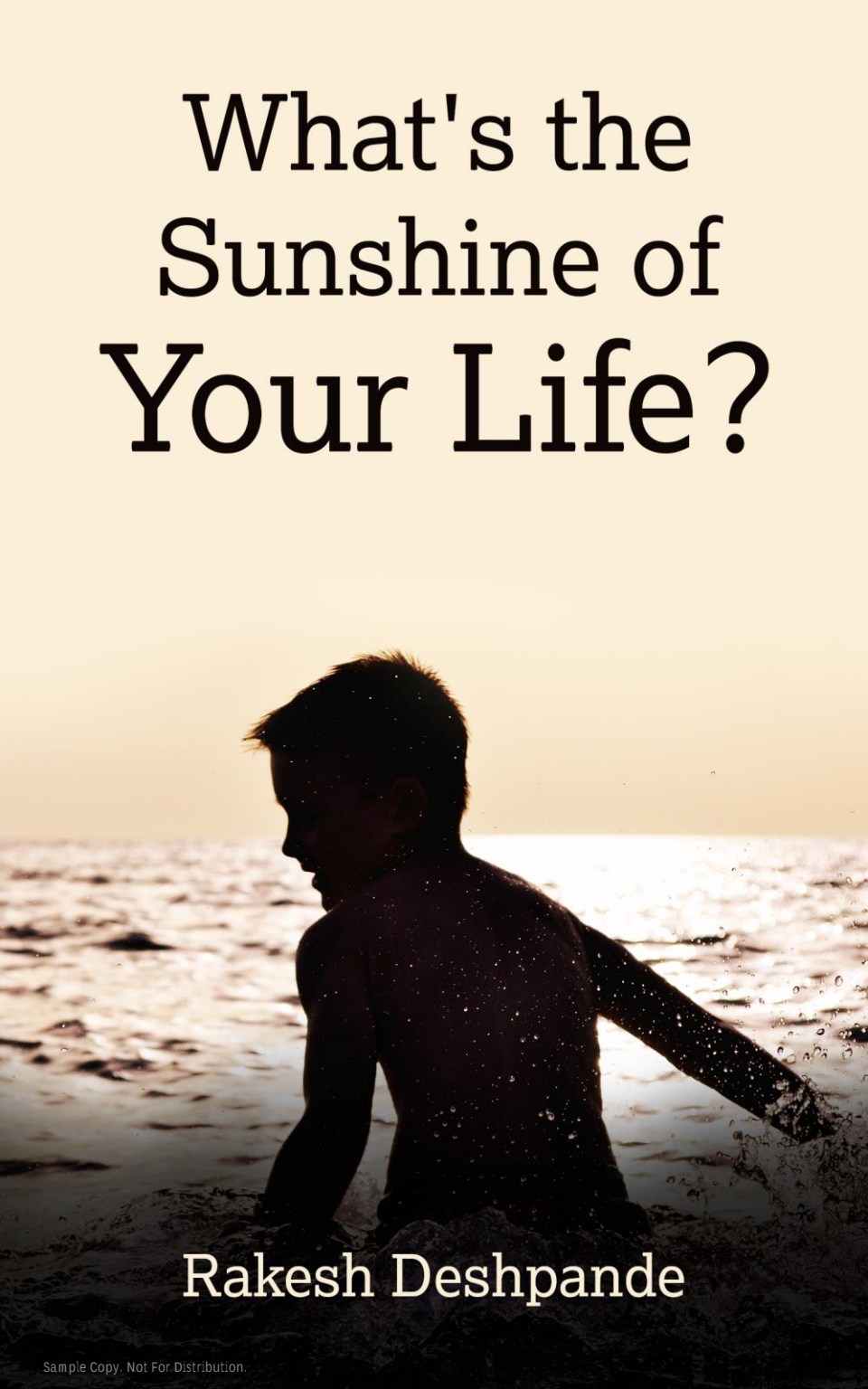


What's the Sunshine of Your Life?

A silhouette of a young boy sitting in the ocean at sunset. The boy is facing left, and his back is to the camera. The water is splashing around him, and the background is a bright, hazy sunset over the ocean.

Rakesh Deshpande

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Introduction

Do you ever feel that you were born for a reason? A reason to fulfill a goal or a reason to complete the pending tasks or a reason to fight evil, raise the good and uphold the right?

Well, if you don't believe that you are born for a reason and it's just an accident, then I suggest you rethink on it. You are the reason behind your parents' happiness. I strongly believe that a life is created to fulfill the needs of the truly needy. A need can be anything.

Now, your life is a sunshine for someone else. Someone else will be your sunshine later and this cycle will always continue forever.

I am referring to sunshine as a reason to live for someone or a goal, a reason to smile every day, a reason to hope to start another day and a reason to stay fit and healthy. I will continue expressing my views throughout the 25 chapters of this book. You may or may not agree with me, but I am sure this book will help you rethink about your relationships, positivity in life and provide you the motivation during the worst days of your life.

Chapter -1

Childhood is mysterious

Don't you agree that every child's childhood is completely mysterious? Let me justify this logic with few questions which will make you ponder on my point of view. Can you express your childhood days with complete coherence? You think that you need at least a thousand pages to express your childhood days. Don't you? That's the point! It is and will always be a mystery to us all. Your childhood was a mystery to your parents as well, as they needed to understand when you were hungry, what made you sad, what was your favorite food, which was your favorite dress, who was your favorite cartoon character or superhero. Was it not a mystery for you in the initial days? To figure out how to walk, talk and learn the basic signs for living?

Well, that's how a childhood is supposed to be. These are the best days of your life which you will remember and cherish forever. The notorious acts, silly fights with siblings, your struggle in learning how to ride a bicycle, struggling to understand the meaning of compromise for your younger siblings. If you are embarrassed now because of your childhood's notorious memories, then, congratulate

yourself, because you have lived your childhood without thinking twice but your parents' upbringing helped you realize what's good and what's not.

Now it's your turn to make your children's childhood a wonderful memory, and it will be the best gift you will ever give to your children. You don't believe it? I am happy to share a real-life experience with you. I am sure that at the end you will derive your own conclusions and believe me.

Suprit was born on 18th July 1995, in the early morning of a Saturday to a beautiful middle-class couple who were known and loved for their kind nature. He was brought up in a pampered environment during the financially stable days of his family. He enjoyed an almost luxurious life and never had to worry about a penny. They say, home is the first school of your life. This is very true in this case. The family always taught the importance of goals and the value of money in life. As he grew, he understood that having a goal or an aim is the most important aspect in life. Money cannot be a top priority always. He was a very stubborn, naughty child, but dedicated and resourceful. At the age of twelve, he managed to get their family's car repaired and drove it back home which made his father proud.

Suprit's father was an advocate known for dealing with difficult and tedious cases and for his victory on these cases. His mother was known for her kind, caring and generous nature. Money cannot buy

happiness, but scarcity of money won't let you lead a happy life either. Despite a continuously successful career as an advocate, his father was an honest, generous and kind-hearted man who believed that no matter what, family comes first. He never compromised with his family's safety. Years passed, financial conditions stabilized along with the increase in his enemies. An enmity is far better than a fake relationship. His father failed to understand that sooner and ended losing his life in the hands of his own elder brother over a monetary dispute. His family suffered emotional and physical torture from Suprit's father's siblings. This is how greed can turn a happy family live a nightmare. People changed their colors, relationships vanished, and the financial condition got worse.

In India, elders are revered and respected for their age and wisdom. If you're more than 60 years old, then, you are worthy to command and order your family members who must accept the orders blindly. It doesn't matter if it's good or bad for their future. Having said that, elders pressurized Suprit's family to sell their property and reach a compromise with Suprit's uncle by returning his money. They now had to lead a life below poverty line. Yes, you are right! Where is the justice? Did they seek his family's consent before deciding? No! Arguments continued for 3 long years.

On the other hand, helpless Suprit was silently watching his family's fate and suffering along with them. There comes a point where you have to take a

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Have you ever wondered that why you fight in a relationship? A relationship with your parents, friends, colleagues, or your partner. Were you hurt when your dear ones chose to walk away? Are you scared of changes in your life? Do you respect your life? Sometimes, we fail to differentiate between our ego and self-respect. Sometimes, we are not sure about our state of mind and the reason why we are scared of changes in our life. I have covered various sensitive aspects on which we struggle to lead a positive and healthy life. This book is about learning from all that negativity in us and changing it into positivity, so we can lead a positive life.

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